I Am a Seed

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Illustrations by Stephanie Renfrow
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The mission of the Success for All Foundation is to develop and disseminate research-proven educational programs to ensure that all students, from all backgrounds, achieve at the highest academic levels. These programs were originally developed at Johns Hopkins University.

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I Am a Seed

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I am a seed.
What will I be?
Plant me in soil and you will see.
The sun warms the soil.
The rain helps out, too.
Roots start below
then a stem pushes through.
Now I have leaves!
Just look at my flowers!
My petals fall off leaving seedpods with powers—
more seeds that can grow to be plants just like me!
Seeds match their parents. Which seeds do you see?
Dandelion (flower)
Wild Cherry (tree)
Watermelon (plant)
Pine (tree)
Lima Bean (plant)
Maple (tree)
Apricot (tree)
Paulownia (tree)  
(Empress tree)
Mountain Mahogany (bush)
Oak (tree)
Sweet Gum (tree)
Cocklebur (plant)

Pine (tree)  
Watermelon (plant)
• Before reading the book, ask your child if she remembers the title of the book. Have her point to the title as she reads *I Am a Seed*. Ask her to point to the names of the author and illustrator. Ask her to explain the difference between an author and an illustrator.

• Ask your child to show you the illustrations in the book. Comment on the changes the seed is going through on each page.

• As you and your child read the book, ask her to point to the words. Encourage her to sound out the words “am,” “sun,” “helps,” “stem,” and “just.”

• Ask your child to read the book with you again. Invite her to identify pairs of rhyming words as the two of you read. She might recognize “be” and “see,” “too” and “through,” “flowers” and “powers,” “me” and “see” as rhyming pairs.

• After reading the book, talk about what a seed needs to grow. Have your child conduct an experiment. Find two paper cups and fill them with potting soil. Plant a seed (lima beans are a good choice) in each paper cup. Place one cup in a dark closet and one on a sunny windowsill. Remind her to keep the soil moist. Have her keep track of the changes as the seeds grow (or don’t grow).

• Visit the library and look for other books about plants and gardens.
This is the student version of I Am a Seed, one of a series of SFA Big Books developed by the Success for All Foundation to help young children explore theme-related ideas. These engaging books build children’s enjoyment of books, their vocabulary, and their understanding of how printed words and pictures communicate meaning.

The Success for All Foundation programs for young learners provide children with experiences that foster the abilities and attitudes necessary for their success in the primary grades. These programs support the development of children’s language, literacy, math, science, interpersonal, and self-help skills.