Active Listening

Active-Listening Posture

- Look at the speaker.
- Be quiet.
- Sit still with your hands in your lap.

Focus

Say-It-Back

Ask Questions
Feelings Thermometer

I feel __________.
Science Steps

1. I wonder…
2. Make a guess.
3. Explore to find out.
4. Check your guess.
Sea Animals

1

2

3

4

5

6

7

8

9

10
Three Steps for Making a New Friend

1. Hello.

2. My name is Alyssa. What's your name?

3. Let's play a game!
Stop and Stay Cool Steps

I feel like I am losing control.

Stop.

Give myself a Chilly hug!

Breathe in. 1-2-3-4-5
Breathe out.

I am cool and ready for school!
A Healthy Treat

To keep our bodies growing strong
There are foods we need to eat—
Raspberries, raisins, and some rice,
Or mushrooms, milk, and meat.

Carrots, corn, and cabbage mixed
With cauliflower too,
Cut up fine, cooked in a wok
A healthy meal for you.
Take some peaches and some pears,  
Perhaps a plum or two,  
Put them in a pastry shell  
There’s a perfect pie for you.

Sometimes bread and butter will do;  
Sometimes milk and meat.  
Put them all together  
And you’ll have a healthy treat!
The Alphabet Chant

“A” is for apple.  (Pretend to take a bite of an apple.)

“B” for bat and ball.  (Pretend to hit a ball with a bat.)

“C” is for caterpillar climbing up the wall.  (Use two hands to climb upwards.)

“D” is for dinosaur.  (Place arms in front of you, on top of each other; open and close them like giant dinosaur jaws.)

“E” for elephant.  (Clasp hands, bend over, and wave your “trunk”.)

“F” is for flower what a pretty scent!  (Pretend to smell a flower you are holding.)

“G” is for girl.  (Girls point to themselves; boys point to a girl.)

“H” is for horse.  (Gallop in place.)

“I” is for insect crawling up my shorts!  (Brush an imaginary insect off your leg.)
“J” is for jump.  
(Raise arms high in the air, and leap up once.)

“K” for kangaroo.  
(Hop three times.)

“L” is for legs  
(Shake your legs and point to them.)
walking to the zoo.  
(Walk in place.)

“M” is for mountain.  
(Make a mountain by placing your arms above your head with your fingertips together.)

“N” is for net.  
(Hold arms to the side, making a circle shape.)

“O” is for octopus  
(wiggly and wet.)

“P” is for parrot.  
(Open and close one hand to make the mouth of a talking parrot.)

“Q” is for queen.  
(Place an imaginary crown on your head.)

“R” is for rabbit  
(hopping on the green.)
“S” is for snake. *(Squirm like a snake.)*

“T” is for tower. *(Stand very tall, and stretch your arms out from your shoulders in the shape of a “t.”)*

“U” is for umbrella keeps you dry in a shower. *(Pretend to open and hold umbrella.)*

“V” is for vulture. *(Hold arms up in a “v” shape, and then bring them down to imitate a flying vulture.)*

“W” is for worm. *(Wiggle your finger like a worm.)*

“X” is exercising fox now we take a turn. *(Do jumping jacks.)*

“Y” is for yo-yo. *(Pretend to make a yo-yo go down and up.)*

Zipper starts with “Z.” *(Pretend to zip up your coat.)*

Now I know my alphabet. Hooray for me! *(Pat hands on chest, and smile.)*
Conflicts Solvers

- Apologize.
- Share.
- Take turns.
- New idea.
- Get help.
The Water Cycle
Planting Directions

1. Put the soil in the cup.

2. Poke holes for the seeds.

3. Place the seeds in the holes.

4. Cover them with soil.

5. Pour water over the soil.

6. Place the pots in the sun.
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- **Words & Roads Take Us Places**
- **Sign Language poster**

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Brush Your Teeth Every Day.
1. Cut out the wheel.
2. Cut along the dotted lines on the barn sheet.
3. Fold back the barn doors.
4. Attach the wheel to the barn using a paper fastener.
5. Push the paper fastener through the dot on the barn and center of the wheel.
6. Turn the wheel to reveal different animals through the barn doors.
Fish-Eye Salad Recipe

Put milk and pudding mix into a bowl.

Beat with a wire whisk until thick.

Add cooked acini di pepe pasta to the pudding mixture, and stir gently.

Let stand 10 minutes.

Add fruit to the pudding and pasta mixture.

Add whipped topping and marshmallows.

Mix gently, and then refrigerate.