



Play with Me...

Go on a nature hike with your child. Walk through the neighborhood, make it a game, and notice all of the colors (I spy something green...).



Play with Me...

Play a game of Make Believe. Let your child pretend she or he is the waiter at a restaurant, take your order, and bring you the food.



Play with Me...

Color a picture with your child. Talk about the different shapes and colors.



Play with Me...

Play with a ball. Toss the ball back and forth, roll the ball, and let your child kick or bounce the ball, etc.



Play with Me...

Bounce a balloon in the air with your child. Count how many times you can bounce it before it hits the ground.



Play with Me...

Play a game of Hide and Seek with your child. You hide the first time and let your child find you. Then have the child hide while you seek—invite others to play too.



Play with Me...

Ask your child, "If you could be any animal, what would it be?" Then your child can act out being that animal.



Play with Me...

Play Simon Says with your child. If you say Simon Says before an action, such as touch your toes, jump, or clap, the child does it. If you don't say Simon Says, your child shouldn't do the action. Then let your child be Simon and you do the actions.



Play with Me...

Give your child an object (a flower, a ball, a toy). Close your eyes and ask him or her to describe it to you. Then take your turn and describe something to your child.